

Prior Knowledge

Previously, the children have found out about caring for ourselves, our environment and how to get on with others. They know the importance of good health, physical exercise and a healthy diet and can talk about ways they can keep healthy and safe. They have also learnt about animals including humans in science lessons this year.



My Component Knowledge:

Lesson 1: I can name some major internal body parts and identify the processes they are involved in.

Lesson 2: I know how to look after and meet the basic needs of a baby.

Lesson 3: I can talk about what I could do as a baby and toddler and what I can do now.

Lesson 4: I know the difference between teasing and bullying.

Lesson 5: I can explain the difference between a secret and a nice surprise.

Lesson 6: I can identify parts of the body that are private.

My Composite Knowledge:

I know how I have grown and changed from birth to the present day.

My Powerful Knowledge:

I know how I should be treated by those around me. I know whom I could speak to if I am not being treated with care and respect.

Key Vocabulary

Tier 1: baby, toddler, child, teenager, adult, healthy, important, body, heart, grow change

Tier 2: ribs, lungs, heart, brain, organ, attention, stages of growth, surprise, secret, private

Tier 3: survival, digest, bullying, intestines, oxygen, privacy, harmful, process

How has your body changed?



How do we look



What is bullying?



What does private mean?

