

PSHE- Growing and Changing

Innovation

Prior Knowledge

In KS1, the children learnt about the human lifecycle, the roles of some internal body parts and looking after ourselves, recognising feelings and understanding that some body parts are private. In KS2, the children have learnt about respecting personal space and have had an introduction into puberty as well as learning about who can help us when we are going through changes.



My Component Knowledge:

Lesson 1: I look great!

Lesson 2: Media manipulation

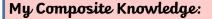
Lesson 3: Pressure online

Lesson 4: Helpful or unhelpful? Manage

change

Lesson 5: Is this normal?

Lesson 6: Babies



I know that as I grow up, I will experience many changes, both physically and mentally. I know that online images and information are not always accurate.

My Powerful Knowledge:

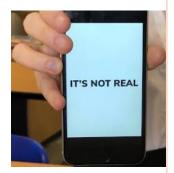
I understand the importance of being myself and that everyone is unique. I understand that there are several ways of bringing a baby into a family.

Key Vocabulary

Tier 1: virus, satisfied, dissatisfied

Tier 2: puberty, manipulation, confidential, emotional responses, adoption, psychological

Tier 3: sexual reproduction, surrogacy, IVF







What is puberty?

Are all images and photographs seen online real and accurate?

How do our bodies change?

Are all changes good?